



Cosmetic Bootcamp 2020  
 General Session  
 July 11-112, 2020



This activity is jointly provided by Medical Education Resources and Cosmetic Bootcamp.

This activity is supported by educational grants and/or in kind product donations from

Education Grant	In Kind Product
Allergan, Inc. (not approved)	BOTOX®, Juvéderm® Ultra XC, Juvéderm® Ultra Plus XC, Juvéderm VOLUMA® XC, Juvéderm VOLBELLA® XC, KYBELLA™, Juvéderm VOLLURE® XC
cLn Wash	cLn Wash
Galderma Laboratories, L.P.	Dysport®, Restylane® Lyft, Restylane® Refyne, Restylane® Defy, Restylane-L®, Restylane® Silk, Sculptra® Aesthetic
Merz North America, Inc.	Radiesse® (+), Radiesse®, Belotero Balance®, Xeomin

**Target Audience**

This activity is intended for physicians and their extenders in practices dedicated to Dermatology, Plastic Surgery, Ophthalmology/Oculoplastic Surgery, ENT/Facial Plastic Surgery.

**Statement of Need**

Cosmetic Bootcamp offers a method of supplemental education and to provide exposure to real-life situations and treatments. The meetings will also offer consolidated opportunities for attendees to hear from and dialogue with seasoned and highly-regarded physicians in their own fields. Cosmetic Bootcamp is dedicated to fostering a community of aesthetic physicians who draw upon each other’s experiences, challenges and resources.

**Program Overview**

Cosmetic Bootcamp Didactic and Live Technique Symposium is a symposium that will review the mechanism of action, technical considerations and patient consultation recommendations for using various aesthetic treatment modalities including fillers. Lasers in aesthetic practice will also be discussed alone, and in combination therapy with fillers. Practice management will also be a significant component of the meeting and will be addressed in a series of presentation and discussions.

In general, each day will consist of didactic lectures and live patient demonstrations. There will be opportunities to interact, allowing attendees to engage in conversation, and question and answer sessions with faculty members.

**Learning Outcome**

To update training as necessary to learn how to implement safe practices into new and emerging techniques and technologies.

**Educational Objectives:** After completing this activity, the participant should be better able to:

- Identify the appropriate combination of therapies for patients with a variety of medical and aesthetic dermatologic needs, utilizing therapeutic agents and other treatment modalities.
- Identify and assess current and emerging therapies and their role in successful patients consultations
- Demonstrate advanced techniques in the use and application of various neurotoxins and dermal fillers
- Demonstrate increased proficiency in the application of injections and identify potential complications.
- Identify methods of minimizing complications due to filler injections and increase patient safety awareness.
- Demonstrate proficiency in identifying the anatomy in the 6 danger zones of the face.
- Compare and contrast treatment strategies using lasers, light and radiofrequency devices.
- Use global rejuvenation procedures that maximize current developments and advances in aesthetic medicine
- Distinguish appropriate practice management techniques for a successful medical practice and improved patient-clinician communication.
- Discuss treatment options within a realistic framework of potential outcomes, and patient expectations
- Review treatment options for atopic dermatitis, seborrheic keratosis, acne, rosacea, pigmentation, scars, and other skin conditions.
- Identify therapeutic options and patient management for primary axillary hyperhidrosis.

### **Physician Credit**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Medical Education Resources (MER) and Meeting Designs, LLC. MER is accredited by the ACCME to provide continuing medical education for physicians.

### **Credit Designation**

Medical Education Resources designates this live activity for a maximum of 11 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Nursing Credit**

Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This CE activity provides 11 contact hours of continuing nursing education.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 11 contact hours.

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